

Doctor: \_\_\_\_\_  
Patient: \_\_\_\_\_

32 Tablet Prep

Date of Procedure \_\_\_\_/\_\_\_\_/\_\_\_\_ Time: \_\_\_\_\_ Location: \_\_\_\_\_

**YOU MUST BE ACCOMPANIED BY A DRIVER FOR THIS EXAM; A TAXI OR BUS ARE NOT ACCEPTABLE.**

Clear liquid diet the day before Procedure: This can include water, tea, clear soda pos, clear juice (apple, white grape juice), Jello (lemon or lime with out added fruit), bouillon, or popsicles. No solid food allowed. Avoid "Red or Purple" colored liquid.

**IT IS VERY IMPORTANT THAT YOU DRINK A FULL 8 OZ. OF CLEAR LIQUID WITH EACH DOSE. TAKE YOUR LAST DOSE WITH A CAN OF GINGER ALE (REGULAR OR DIET)**

**DATE: \_\_\_\_\_ BEGIN THIS PREP THE DAY BEFORE YOUR TEST.  
START TIME: 5:00 PM**

**FIRST DOSE**

Begin the 1<sup>st</sup> dose at 5:00 pm

Take 4 Visicol tablets every 15 minutes with at least

8oz of clear liquids (follow the clear liquid diet\* listed above)

until you have taken all 20 tablets.

Do not exceed 20 tablets. Drink

Ginger Ale with last 4 tablets.

4 tablets  
@  
5:00 pm

4 tablets  
@  
5:15 pm

4 tablets  
@  
5:30 pm

4 tablets  
@  
5:45 pm

4 tablets  
@  
6:00 pm

---

**8 oz of clear liquids include: Water, Clear Soda, Apple Juice Etc.**

---

**Second Dose**

Begin the 2<sup>nd</sup> dosing

Regimen at approximately

9 pm, not before. Take

this regimen as shown.

Drink Ginger Ale with last

Dose.

4 tablets  
@  
9:00 pm

4 tablets  
@  
9:15 pm

4 tablets (5mg) @ betime.  
Make sure you have finished  
the purgative effect. (going to the  
restroom)

---

**8 oz of clear liquids include: Water, Clear Soda, Apple Juice Etc.**

---

**Medication Restrictions**

**Coumadin:** Must be stopped at least 3 days before test – discuss with the doctor who is monitoring this.

**Asprin, NSAIDS, Plavix, Aggrenox, Persantine, Dipyridamole, Pletal:** Must be stopped 5 day before test.

**Oral Diabetes Medications:** Take as usual the day before your test. Do not take your oral diabetes medications until colonoscopy is complete and you are ready to eat.

**Insulin:** You must call your family doctor or diabetes doctor for instructions on how to adjust your insulin the day before and the day of the procedure.

**Iron Supplements:** Please discontinue iron supplements 1 week prior to colonoscopy.

**Other regular medications:** Take other medications as usual the day before your colonoscopy. The day before your test you should take any heart or blood pressure medicines with a small amount of water.